## September

All meals served with fresh fruit and vegetables.

## Menu

Monday

Tuesday

Wednesday

Thursday

Friday

**22**B: Smoothies

L: Nachos

23
B: Cereal
L: Chicken Noodle
Soup

**29**B: Smoothies
L: Perogies &
Sausage

30

Truth and

Reconciliation

Day

24

B: Cinnamon French Toast L: Eggs, Sausage & Hashbrowns 25
B: Muffins

B: Muffins L: Taco Salad 26

B: Apple Berry
Crumble
L: Pizza



